

## Privacy Policy for Chizfit LLC

At Chizfit LLC, your privacy is important to us. This Privacy Policy outlines how we collect, use, and protect your information when you visit our website, [www.chizfitwell.com](http://www.chizfitwell.com).

### **1. Information We Collect**

We may collect the following types of information:

**Personal Information:** Includes your name, email address, phone number, and any other details you provide voluntarily through contact forms, newsletter sign-ups, or purchases.

**Non-Personal Information:** Includes data automatically collected when you visit the Website, such as IP address, browser type, and pages visited.

### **2. How We Use Your Information**

We use the collected information for:

Processing transactions and delivering services.

Responding to inquiries or customer support requests.

Sending newsletters, promotional emails, or updates (you can opt out anytime).

Analyzing website performance to improve user experience.

### **3. Sharing Your Information**

We do not sell or rent your personal information to third parties.

However, we may share information with:

**Service Providers:** Trusted third parties who assist in website operations, payment processing, or marketing.

**Legal Obligations:** If required by law to comply with legal requests or protect our rights.

### **4. Cookies and Tracking Technologies**

We use cookies to enhance your browsing experience. Cookies allow us to:

Recognize your preferences on return visits.

Analyze Website traffic and usage patterns.

You can disable cookies in your browser settings, but this may affect the Website's functionality.

### **5. Data Security**

We implement appropriate technical and organizational measures to protect your data from unauthorized access, alteration, or disclosure.

However, no method of transmission over the Internet is completely secure.

## **6. Your Rights**

Depending on your location, you may have the following rights:

Access to your personal data.

Request correction or deletion of your information.

Withdraw consent to data processing or opt-out of certain communications.

To exercise your rights, please contact us at [insert contact email].

## **7. Third-Party Links**

Our Website may contain links to third-party websites. We are not responsible for the privacy practices or content of those sites.

## **8. Changes to This Privacy Policy**

We may update this Privacy Policy from time to time. Changes will be posted on this page with the "Effective Date" updated.